



**Pre-Chicks B Girls and Boys (born 2017 and younger) Emilia T**  
**Free program: max 2:00 minutes (+/- 10 sec)**

1. Maximum four (4) jump elements
  - Maximum two (2) jump combinations. Jump combinations may consist of 2 jumps only. Combinations of 3 jumps are not allowed.  
**A jump sequence is not allowed**  
**1F, 1Lz and 1A are not allowed**
2. Maximum two (2) spins of different nature
3. One (1) Choreographic sequence consisting of at least two different moves.

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is 1,67.

The level of spins and step sequences cannot be higher than level Base. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**Chicks B Girls and Boys (born 2015/2016) Lukas, Bea**  
**Free program: max 2:00 minutes (+/- 10 sec)**

1. Maximum four (4) jump elements
  - Maximum two (2) jump combinations. Jump combinations may consist of 2 jumps only. Combinations of 3 jumps are not allowed.
  - **A jump sequence is not allowed**
  - **1A and double jumps are not allowed**
2. Maximum two (2) spins of different nature
3. One (1) Choreographic sequence consisting of at least two different moves.

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is 1,67.

The level of spins and step sequences cannot be higher than level 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**CUBS B Girls and Boys (born 2013/2014)** Olivia, Kristina, Alisa, Maria, Lilli  
**Free program: max 2:30 minutes (+/- 10 sec)**

1. Maximum four (4) jump elements
  - Maximum two (2) jump combinations or (1) one jump combination and (1) one jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
  - **1 Axel and one (1) double jump is allowed and it may be repeated no more than two (2) times.**
  - **2F and 2Lz are not allowed**
2. Maximum two (2) spins of different nature:
  - one (1) spin combination with change of foot (minimum three (3) revolutions on each foot) or without change of foot (min. six (6) revolutions in total);
  - one spin with no change of position and with a change of foot (minimum three (3) revolutions on each foot) or without a change of foot (min. six (6) revolutions in total).
  - Flying entry is allowed for both spins.
3. One (1) Choreographic sequence consisting of at least two different moves.

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is 1,67.

The level of spins and step sequences cannot be higher than level 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**CUBS A Girls and Boys (born 2013/2014)** Sonya, Katarina  
**Free Program: 2:30 min ± 10 sec**

1. Maximum of four (4) jump elements
  - at least one (1) Axel type jump
  - There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations may consist of only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps in a jump sequence receive a full value.
2. Max. two (2) spins of different nature
  - there must be one (1) spin combination with (minimum three (3) revolutions on each foot) or without change of foot (minimum six (6) revolutions in total). Flying entry is allowed.

- one spin with no change of position and with change of foot (minimum three (3) revolution on each foot) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.

**3. One (1) Step sequence with full utilization of the ice surface.**

Components that are judged

- Composition
- Presentation
- Skating skills

The factor for the Program Components is 1.67

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

**SPRINGS B Girls and Boys (born 2011/2012) *Nelli?***

**Free program: 2:30 minutes, (+/- 10 sec)**

1. Maximum four (4) jump elements

- one of which must be Axel type jump
- Maximum two (2) jump combinations or (1) one jump combination and (1) one jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
- Maximum two (2) double jumps are allowed (2S, 2T, 2Lo)
- **2F, 2Lz and 2A are not allowed**
- **Triple jumps are not allowed**
- **Any single or double jump may be executed only twice (2)**
- 2. Maximum two (2) spins of different nature:
  - One (1) spin combination (min 8 revolutions in total)
  - One (1) spin is optional (min 4 revolutions)

**3. One (1) Choreographic sequence consisting of at least two different moves.**

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is 1,67.

The level of spins and step sequences cannot be higher than level 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

## **BASIC NOVICE (before 1.7. has not reached the age of 13) Helmi**

**Free program: 2:30 minutes, (+/- 10 sec)**

1. Maximum of five (5) jump elements one of which must be an Axel type jump.
  - There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.
  - Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.
  - **No triple and quadruple jumps are allowed.**
  - Only one single jump and one double jump (including Double Axel) can be repeated once.
2. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.
  - The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions.
  - The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions.
  - **In both spins flying entries are allowed.**
3. **There must be a maximum of one (1) step sequence fully utilizing the ice surface.**

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is 1,67.

The level of spins and step sequences cannot be higher than level 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

## **NOVICE B Girls and Boys Age requirements: Amanda, Lilo**

- has reached at least the age of ten (10)
- has not reached the age of fifteen (15) before July 1 st preceding the event

Free program only: 3:00 minutes (±10 sec.).

1. Maximum 5 jump elements
  - One must be Axel type jump

- Maximum two (2) jump combinations or (1) one jump combination and (1) one jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
- All double jumps are allowed.
- Any jump with the same name cannot be included more than two (2) times in total.
- **2A and triple jumps are not allowed**

2. Maximum two (2) spins of different nature

- one (1) spin combination with change of foot (minimum of eight (8) revolutions) or with no change of foot (minimum of six (6) revolutions).
- one (1) spin in one position with a change of foot (minimum of eight (8) revolutions) or with no change of foot (minimum of six (6) revolutions).

**Flying entry is allowed for both spins.**

**3. One (1) Choreographic sequence consisting of at least two different moves.**

Components:

- composition
- presentation
- skating skills

The factor for the Program Components is

- For boys 2,40
- For girls 2,13

**The level of spins cannot be higher than level 2. Extra features do not increase the level.**

**JUNIOR B Girls and Boys (Age same as Junior A) Roosa**

Free Skating only: 3:00 minutes (±10 sec.)

1. Maximum 5 jump elements,

- one of which must be Axel type jump
- Maximum two (2) jump combinations or (1) one jump combination and (1) one jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
- **2A and triple jumps are not allowed**
- Any jump with the same name can not be repeated more than two (2) times in total 2. There must be (3) spins of different nature
- one (1) spin combination (minimum of ten (10) revolutions in total)
- one (1) flying spin (minimum of 6 revolutions)
- one (1) spin is optional (minimum of 6 revolutions)

**3. One (1) Choreographic sequence consisting of at least two different moves.**

## Components

- composition
- presentation
- skating skills

The factor for the Program Components is

- For boys 2,40
- For girls 2,13

**The level of spins and step sequences cannot be higher than level 2. Extra features do not increase the level.**

**Pre-Young Girls and Boys (born 2013 and younger) Vesta, Hilda**

**Free program 2:00 min ± 10 sec**

1. Maximum four (4) jump elements

- Min two (2) solo jumps
- Maximum two (2) jump combinations. Jump combinations may consist of 2 jumps only. Combinations of 3 jumps are not allowed. Jump sequences are not allowed. Axel and double jumps are not allowed! Any jump with the same name may be executed only twice

2. At least one (1) and maximum two (2) spins of different nature.

**3. One (1) Choreographic sequence consisting of at least two different moves.**

**Pre-Young Girls and Boys (born 2011/2012) Nicolas, Nelli?**

**Free program 2:00 min ± 10 sec**

1. Maximum four (4) jump elements

- Maximum two (2) jump combinations. Jump combinations may consist of 2 jumps only. Combinations of 3 jumps are not allowed. Jump sequences are not allowed. Axel and double jumps are not allowed! Any jump with the same name may be executed only twice

2. At least one (1) and maximum two (2) spins of different nature.

**3. One (1) Choreographic sequence consisting of at least two different moves.**

### **Young Girls and Boys (born 2009/2010) Sofia**

**Free program 2:30 min ± 10 sec**

1. Maximum five (5) jump elements

- Max three (3) jump combinations or (2) jump combinations and (1) jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
- Maximum one (1) Axel and one (1) double jump are allowed, which may be repeated once. Any jump with the same name may be executed only twice.

2. Min one (1) and maximum two (2) spins of different nature (min 4 revolutions).

**3. One (1) Choreographic sequence consisting of at least two different moves.**

### **Young Girls and Boys ( 2004 - 2008) Ella**

**Free program 2:30 min ± 10 sec**

1. Maximum five (5) jump elements

- Max three (3) jump combinations or (2) jump combinations and (1) jump sequence. Jump combinations and sequences may consist of 2 jumps only. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps executed in a jump sequence will receive their full value.
- Maximum one (1) Axel and one (1) double jump are allowed, which may be repeated once. Any jump with the same name may be executed only twice.

2. Min one (1) and maximum two (2) spins of different nature (min 4 revolutions).

**3. One (1) Choreographic sequence consisting of at least two different moves.**

### **Artistic Girls/ Boys/ Adults/ ice dance kaikki halukkaat (tähdet, aikuiset, harrastajat)**

**Free program 1:30 min ± 10 sec**

A well-balanced Free Skating program may contain: any number of elements

1. any steps and figure skating movements.
2. any jump elements.
3. any spins

#### **Additional Information:**

- The Program will not be judged. All the skaters will receive the 1st place.

### **Additional information**

1. In all beginners' categories listed above, the following components are judged in the Program Components' mark:

- composition
- presentation
- skating skills

The factor for the Program Components is

- for boys 2.0
- for girls 1.7 2.

The level of spins and step sequences cannot be higher than **Level Base**. Any additional features will not count for Level features and will be ignored by the Technical Panel.

3. Any jump with the same name may be repeated only twice including Axel-type jumps.

4. Time violation: -0.5 point deduction for every 5 seconds in excess.

5. Falls: -0.5 point deduction for every fall.

6. Interruption:

10-20 sec:

-0,5 point deductions 20-30 sec:

-1,0 point deductions 30-40 sec:

-1,5 point deductions Interruption of the program with an allowance of up to three (3) minutes to resume from the point of interruption

- 2.5 point deduction

7. Part of the costume/decoration falls on the ice: -0,5

8. Costume/prop violation: -0,5

9. Late start: -0,5

10. No bonus shall be applied for jumps in the second half of the program.

11. Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.